

Catholic Therapist Group
serves the Wichita diocese
and surrounding areas.

Mission Statement

To support one another as
Catholic mental health
professionals, through education
and collaboration, striving to
integrate therapeutic practice
with the truths of our Roman
Catholic faith and Church
teachings on the dignity of the
human person and family life.



Updated 7/12/2024

Prayer to St. Dymphna

O God, we humbly beseech you,
through your servant, Saint
Dymphna, to grant relief to those
who suffer from mental and
emotional conditions. Saint
Dymphna, helper of the mentally
afflicted, pray for us.

Amen.



For more information visit
www.catholictherapywichita.com



Catholic Therapist Group

Cana Counseling, Catholic Charities

316-263-6941

Lisa Butler, LCMFT, LCAC

Michelle Raine, LCP

Children, Adolescents, Adults, Couples, Families.
Depression, anxiety, trauma, grief/loss, addiction,
parenting, infidelity, life adjustment issues,
relationship distress. Prepare & Enrich, Dialectical
Behavior Therapy, EMDR.

Center for Healing & Growth

316-365-8889

Jason Scheck, LCSW, LCAC, CSAT

Karen Scheck, LMSW

Children, Adolescents, Adults. Couples.
Anxiety, depression, addiction, trauma, EDMR.

Katelyn Aguiar, LCP, CPTT

Faith, Hope, and Therapy
316-202-8036

Adults.
Infidelity, trauma, anxiety, OCD, depression, EMDR,
I-CBT, Certified Partner Trauma Therapist (CPTT).

Lee Ann Batt, MS, LCSW

Private Practice
316-789-6368

Adults, Couples.
Depression, anxiety, grief/loss, parenting, post-
divorce, weight loss/health, EMDR.

Gail Bussart, LCSW

Private Practice
316-854-8574

Individual, Family, Children.
Depression, anxiety, trauma, grief/loss,
addiction, EMDR.

Jeanine Carder, LCPC

The Healing Path
316-535-9894

Adults.
Anxiety, depression, unresolved trauma.

Adolph Chavez, Jr., LCMFT

Private Practice
316-779-3694

Adults, Adolescents, Couples, Individuals.
Depression, anxiety, grief/loss, infidelity,
sexual issues, life adjustment issues.

Linda Fitzgerald, LCSW

Private Practice
316-207-3829

Adults, Adolescents, Family, Marital.
Depression, anxiety, trauma, scrupulosity,
grief, Prepare & Enrich Counseling, EMDR.

Kathleen Myers, LCSW

Psychology Consultants
316-773-9525

Individual. Marital. Adults.
Anxiety, depression, post-affair recovery,
marital/pre-marital, trauma, grief/loss.

Stephanie Nemechek, LCP

Project Rachel, Catholic Diocese of Wichita
316-269-4673

Post-abortion healing for women and men.

Anne "Annie" Targos, LCSW

Private Practice
316-712-1603

Teens 16+, Adults.
Anxiety, depression, pre-marital, trauma,
EMDR, IFS, CBT, Prepare & Enrich.

Father Joseph Tatro, PsyD

Spiritual Moderator & Clinical Psychologist

Monica Torres, T-LMFT

Healing Steps Therapy
469-209-5993

Individual, Family, Adults, Adolescents.
Anxiety, Life Transitions, Marital/Pre-Marital
Trauma, Depression, Scrupulosity, Relationships

Kelly Walker, LCMFT

Private Practice
316-304-7005

Adolescents, Adults, Couples.
Anxiety, mood, trauma, grief/loss, eating disorders,
intergenerational issues, conflict resolution.

Christina M. Weber, LCMFT (Coaching clients only)

Christian Biz Owners on Fire
316-371-5737

Helping business owners who want a fulfilling and
prosperous business & ministry while keeping
God, purpose, and relationships a top priority.

Lindsey Zimmerman, LMSW

Fiat Family Services
316-202-7749

Children, Adolescents.
Behavioral difficulties, anxiety, depression, ADHD,
trauma.